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## Thurisaz July 29 – August 13 By Sola Dragonhart

Thurisaz is the third rune of the Futhark and embodies the concept of barriers. To the ancient Norse, this rune represented the giants from their myths and thorns. The giants lived in a land next to where mankind lived and were a danger to humans. Similarly in modern days, thorns can represent danger and pain. When contemplating working with thorns, one must not rush headlong into things but think things through first to avoid injury.

Other Spellings: Thurs, Thuith, Thurisa, Thurisar, Thorunisaz, Thyth

Common Pronunciation: Thur-ee-saws

Sound: Th

Original Meaning: Giant/ Thorn

Modern Interpretation: Barriers

Positive Aspects (for use with upright position or in overall positive readings):

Protection, defense, resistance, polarity, action, regeneration, luck, survival of difficulties, fertility, regeneration

Negative Aspects (for use with reverse positions or overall negative readings):

Destruction, conflict, danger, vulnerability, aggressions, malice, attack, betrayal, torment, lies, women's health problems

Sources and Book Recommendations:

*Discovering Runes* by Bob Oswald

*Futhark: A Handbook of Rune Magick* by Edred Thorsson

*The Little Giant Encyclopedia of Runes* by Sirona Knight

*Nordic Runes* by Paul Rhys Mountfort

*Runelore* by Edred Thorsson

*The Runes Workbook* by Leon Wild

*Discovering Runes* by Bob Oswald