



## Isa

**November 28 – December 13**

**By Sola Dragonhart**

Isa is the eleventh rune of the Futhark and embodies the concept of ice. Ice covered the land for much of the time for the ancient Norse. They were so familiar with ice that they considered it one of the main elements. The ancient Norse knew well that when the land was covered with ice, all activity stopped. So too does Isa symbolize a stasis, resting before activities. But just like ice melts into water, so too does the rest fade away and leaves you ready for action.

Other Spellings: Is, Eis, Icz, Isar, Isaz, Iss

Common Pronunciation: Ee-saw

Sound: I

Original Meaning: Ice

Modern Interpretation: Ice

Positive Aspects (for use with upright position or in overall positive readings):

Stasis, slowing, pause for thought, reflection, patience, preservation, stability, focus, detachment, slow expansion, gradual massive force, gradual integration

Negative Aspects (for use with reverse positions or overall negative readings):

Stagnation, procrastination, restrictions, delay, deadlock, frigidity, coldness, entrapment

Sources and Book Recommendations:

*Discovering Runes* by Bob Oswald

*Futhark: A Handbook of Rune Magick* by Edred Thorsson

*The Little Giant Encyclopedia of Runes* by Sirona Knight

*Nordic Runes* by Paul Rhys Mountfort

*Runelore* by Edred Thorsson

*The Runes Workbook* by Leon Wild

*Discovering Runes* by Bob Oswald

# j

## **Jera** **December 13 – December 28** **By Sola Dragonhart**

Jera is the twelfth rune of the Futhark and embodies the concept of cycles and harvest. The ancient Norse were farmers, and knew the natural order of things. Spring and summer follows winter, ice thaws, and the world warms up. The Norse knew that a plentiful harvest can happen only if the right things have been done at the right times. Jera embodies the completion of a cycle, and represents the dynamic rotation and changes in a cycle, a time for growth.

Other Spellings: Ar, Ger, Gaar, Jara, Jer, Jeran, Yer

Common Pronunciation: Yar-awe

Sound: J / Y

Original Meaning: Year

Modern Interpretation: Harvest

Positive Aspects (for use with upright position or in overall positive readings):

Harvest, cycles, passing of time, right action, completion, growth, fruition, plenty, fertility, natural law, continuation

Negative Aspects (for use with reverse positions or overall negative readings):

Paying price for deeds, setbacks, bad timing, repetition of negative patterns

Sources and Book Recommendations:

*Discovering Runes* by Bob Oswald

*Futhark: A Handbook of Rune Magick* by Edred Thorsson

*The Little Giant Encyclopedia of Runes* by Sirona Knight

*Nordic Runes* by Paul Rhys Mountfort

*Runelore* by Edred Thorsson

*The Runes Workbook* by Leon Wild

*Discovering Runes* by Bob Oswald