

Stone of the Month

Aquamarine

By Sonia



Aquarius stone January 21st - February 19th The date of your birthday plays an important part in how you choose your crystals, gems, and stones, and how they choose you as well.

Your stone by your birth month is January, the Garnet. And for February it is Amethyst.

Your star stones are Lapis, Lazuli, Drusy, Chrysacalla, Aquamarine, and Peridot.

Your chosen color/stone for Aquarius is electric blue stones. And the astral or Zodiac colors are: light blue, dark blue and green.

Planetary Ruler: Moon

Elemental Ruler: Earth

The crystal I have chosen for the 1st stone of the month (February) is:

Aquamarine "The Sea Stone"

Candle colors: white and silver.

Color: green-blue, sea blue or sea green.

Receptive: Soothing and de-stressing.

Related to: love, wisdom, compassion, eloquence sleep, dreams, friendship, growth, fertility, prosperity, and spiritually.

Appearance: Clean to opaque crystal, often small and tumbled or faceted.

Charka: throat and solar plexus. It shields the Aura and aligns the charkas, clearing the through charka and bringing communication from the higher plane. Also aligns the physical and spiritual bodies.

Rarity: Readily Available.

Latin Name: "Aqua Marina"

Source: US, Mexico, Russia, Brazil, India, Ireland, Zimbabwe, Afghanistan, and Pakistan.

Aquamarine comes from the same family as the emerald.

To clean this crystal: Aquamarine loves a cool bath (water) with a little sea salt.

To purify: Salt, moon, fire, or smoke. Does not like the sun.

Qualities: Aquamarine has long been regarded as possessing balancing qualities, endowing the wearer with a serene attitude. It is said to enhance clairvoyance and is widely used for meditation. It also calms nerves. Reduces fluid retention, and swollen glands. Very useful for sore throats. It purifies the body. Increases your spiritual awareness. Promotes inner peace and a general tonic effect. Reduces stress and quiets the mind. It strengthens: Kidneys, liver, spleen, thyroid glands, and immune system. Harmonizes its surroundings and protects against pollutants. Helps overcome judge mentalist. Gives support to anyone who is overwhelmed by responsibility and it encourages taking on responsibility for oneself. Aids in closures on all levels.

Spiritual: Suitable in Rituals involving: sleep, prophetic dreams, gardening, love, healing, the sea, home, fertility, peace, compassion, spiritually. It stimulates: creativity, and self-expression. It enhances: connection with your higher self, physical, emotional, and mental balance. Banishes fears and problems.

Historical: In Ancient times it was believed to counteract the forces of darkness and procure favor from the spirits of light.

It is a stone of courage.

Position: Hold or place in hand(s). Can be placed over the eye or used in an elixir.