

Stone of the month

## Citrine

May 22<sup>nd</sup> - June 21 Gemini

Birth stones: May - Emerald, June - Pearl

**Zodiac stones:** Citrine, Alexandrite. **Chosen colors/stones:** yellow stones

**Planetary ruler:** Mercury and the Sun, **Elemental ruler:** fire **Energy:** projective

**Star stone:** Diamond, Herkimer Quartz **Zodiac colors/ astral colors:** yellow, silver, green, red, blue, and golden stones.

### **The stone I have chosen for June's newsletter is the Citrine**

Also known as Cairngorm or the Sunstone, A little note: known to reject any form of negativity. The Citrine is Brazilian and Sweden's Topaz

**A little history:** at one time the citrine was a blanket description for all yellow stones?

Legend has it that this crystal was used on Atlantis as a power healing tool.

**Color:** yellow to yellowish brown or a smoky gray-brown.

A little note: the citrine is a good stone for smoothing group or family discord. It helps one to be more patient in the dealing with others

**Appearance:** transparent crystals, comes in all sizes, often as geode- pointed of cluster

### **Citrine is a part of the quartz family**

**Rarity:** natural citrine is comparative rare. BE AWARE: often Amethyst is heated and sold as citrine

**Source:** Brazil, Russia, France, Madagascar, Britain and the United States

**Spiritual:** promotes inner calm so wisdom can emerge. It awakens the higher mind, therefore, cleanses and balances the subtitle bodies aligning them with the physical.

**Chakras:** the citrine is an Aura proctor; it cleanses the chakras especially the Solar Plexus and the Naval Chakras. It activates the Crown Chakra and opens intuition.

A little note: the citrine is a powerful cleanser and regenerator; it carries the power of the sun and energizes every level of life.

**Pillow talk:** citrine takes away nightmares and insures a good night's sleep when worn at night it removes fear.

**Mentally:** it enhances concentration and revitalizes the mind. It has a warming effect and fortifies the nerves emotionally: it helps calm emotions and instills self confidence.

It also boots feelings of self worth it is very helpful for over coming phobias and alleviating unnecessary fears.

**Magical intentions:** it is a very proactive crystal over its wearer, Worn to facilitate psychic awareness.

**Rituals:** used in rituals involving communication worn during magic to heighten visualization

**Purifying/cleansing:** this crystal does not need either one it is self-cleansing

**CAUTION:** the citrine will fade in the sun, this is okay it will not lose its powers.

**Positions:** warring citrine point down brings golden rays of spirit into the physical realm. Wear it on your fingers or throat in contact with the sun. Place a piece of citrine in the wealth corner of your home or office to bring wealth.

It has been said that public speakers wear yellow stones for eloquence. A little note: Thursdays is a good day to ware citrine. The citrine is a great crystal for meditation,

**Healing:** it is helpful with skin problems, it regulates the nervous system and it promotes digestion

It is a good use for catarrh, chicken pox, coughs, eyestrains, hemorrhoids, measles, rubella, and mumps  
It helps eliminate toxins from the body and fights infections

**The citrine is a very good crystal for the environment:** It absorbs, transmutes, dissipates and grounds negative energy into positive. A little note: the citrine helps develop a positive attitude and to look forward optimistically going with the flow instead of hanging on to the past.