

Stone of the Month

By Sonia

Sapphire

Taurus: April 21st -May 21st **Birthstones:** April-diamond May- emerald

Taurus star stones- Emerald and Sapphire **Chosen color/stone for the Taurus:** All greens

The Astral or Zodiac colors are: green, pink, red and yellow

Planetary rulers: Venus and the moon. **Elemental ruler:** Water

The crystal I have chosen for the month of May is Sapphire “Holy Stone”

Greek name Sappheiros. The Greeks believed that the sappheiros had the ability to tap into the subconscious mind. **A little history:** The Greeks identified the sapphire with Apollo, the stone was worn when consulting the Oracles such as Delphi.

Color: a stone of many colors each having its own unique attributes in addition to the generic qualities Blue, yellow, green black and purple. **Just a note:** The sapphire is known as the wisdom stone each color having its own particular wisdom

Appearance: transparent **Rarity:** some sapphire stones colors are rare, but you can find most easily obtained as uncut.

Source: Myanmar, Czech, Republic, Brazil, Kenya, India, Australia, and Sri Lanka

The Sapphire is known as the “Garden of Love”

Spiritual uses: Aligns the spiritual plans and restores balance with the body, It brings prosperity and attracts gifts of all kinds. The sapphire removes impurities and releases spiritual confusion and stimulates concentration
Mental and Emotional healing: It focuses and calms the mind. brings peace and releases unwanted thoughts, mental tension, and depression. It aligns the mental plans and restores balance with the body
The sapphire releases frustration and facilitates, self-esteem and removes stress. This is a good stone for meditation. **A little note:** This stone works well for the wearer, but only if the wearer is in the right where it touching the body, throat, or on the finger.

Healing/Health: Aligns physical planes and restores balance with the body, strength veins and improves their elasticity. It's a good stone for blood disorders such as alleviating excessive bleeding. It calms the overactive body system and regulates the glands.

Magical intentions: Worn to stimulate the third eye for the purpose of expanding psychic awareness.

Attributes of the stone colors for the Sapphire

Blue: Seeker after spiritual truth, traditionally associated with love and purity.

Green: Improves vision both inner and outer and improves dream recall.

Pink: Acts as a magnet to draw into your life all that you need in order to evolve.

Purple: Awakens, Helpful for meditation, stimulating the kundalini, Rise and the crown chakra and opening spirituality.

Royal: Eliminates negative energies from chakras and stimulates the third eye to access information for growth

White: Extremely pure energy.

Yellow: Attracts wealth to the home or business.

Star: A five pointed star-shaped formation, this is a rare stone if you have one it will draw you into its depth and open your intuition.