

Spiritual Friends

By NoKi Moon



Wolf

The Wolf is another powerful totem to have. This animal through out history has been pictured as a vicious man-eating beast, but in reality is quite the opposite. The wolf can teach us family values, to not be wasteful, to govern ourselves, and to look inward to your true self.

Wolves are very loyal to their family pack. Each one has its place in the pack and it knows where it stands with all its family members. Disputes are usually quickly resolved with nothing more then body language and little vocalization. Take this and learn who you are and know that you don't always have to prove your strength. They govern themselves.

Value your friends and family and defend them when they get into trouble. Wolves are very tolerable of the cubs of their pack, so be kind and gentle to the children around you.

Communication is one of the wolf's greatest things. Learn how to express yourself through body language. You may be able to get your point across better. Howl at the moon every chance you get if the wolf is your totem. You will feel more alive.

During a kill, a wolf pack will gorge itself on the meat. Nothing goes to waste. If a wolf visits you maybe you are wasting too much of something. Could be time, resources, or letting those leftovers go bad. Find what it is and correct this problem.

If you see a wolf in your tea leaves it could mean one of several things. You may need to bring balance to a family situation. You may need to find some emotional support. Also, it may mean you need to beware of jealous around you, either from you or a friend/lover.

If you dream of a wolf, you may have a sly person around you who wishes to do you harm.

So learn from the wolf. Be heard but not seen. Move like a shadow in the night to find that which you seek. Communication and family are what will help you through the day.