

October Stone of the Month:

Tourmaline

Libra: September 24th -October 23rd Birthstone: September- sapphire October- opal
Zodiac stones: jade, azurite Chosen color\stone: pink stones
Star stones: aventurine, tourmaline, azurite Zodiac colors or astral colors: royal blue, light brown black

The stone I have chosen for the month of October is: **Tourmaline**

A little history: Tourmaline is a unique stone in many ways; it is transparent when viewed from side to side of the crystal, opaque, from either end. When heated or rubbed to create friction, it polarizes; that is one end will become positive and attract ashes or light straw, the other, negative. It was very difficult to decide which type of tourmaline because it is found in many different colors, each with its own attributes and some possess two or even three hues; therefore, this stone of the month will be a little different because I felt more than one type should be included in the news letter together for you to decide which type is the best suited for you.

A FEW OF THE DIFFERENT TYPES OF TOURMALINE:

Green Tourmaline: **Energy:** Receptive **Plant:** Venus **Element:** Earth **Chakra:** Heart Energizes, bring a balanced and joyful ambience, worn to stimulate creative endeavors, used to draw money and success; it has been renowned as a healing stone. Represents fertility, which is why you can use it to revive your houseplants and encourage their growth. It will aid in sleep, relieve migraines and asthma. IT IS VERY USEFUL IN HEALING HOLES IN THE AURA ITS ALSO VERY GOOD FOR THE EARTH CHAKRA

Black Tourmaline: **Energy:** Receptive **Plant:** Saturn **Element:** Earth **Chakra:** Base protects against negative electromagnetic emissions and energy, releases toxins and effects of jet lag, disperses stress, and ameliorates cell phone emissions, protects the wear from destructive forces, helps maintain the meditative state and prevents the mind from wondering. This stone is mainly used for grounding purposes and to represent the earth in spells relating to the element.

Water melon Tourmaline: **Energy:** Projective and Receptive **Plant(s):** Mars and Venus **Element(s):** Fire and Water **Chakras:** Heart

Helps to resolve emotional conflict. This stone is worn to balance the (male and female) energies within the body. It is also a love attracting stone but has best resorts if used by a well-balanced person, it can also reduce stress, and help treat lymphatic disease.

Pink Tourmaline: **Energy:** Receptive **Plant:** Venus **Element:** Water **Chakra:** Heart

(A feminine stone) strengthens and harmonizes the female sexual organs; it also helps the male discover his feminine side. Relieves emotional pain, cleans destructive emotions, draws love, trust, and friendship, and helps one to see you must first love your self before you can love others. Wear this stone to promote sympathy towards others. Encourages sleep, improves skin, promotes self-confidence, and brings inner peace and relaxation.