

# Reiki Classes

With Reiki Master Teacher Wendy Joy at  
Truely Unique



Reiki is a hands-on and distant energy healing technique that promotes relaxation, stress release, connection with higher guidance and more. Loosely translated, it means "Spiritually-guided Life Force Energy." Students will receive a manual and certificate for each level.

## Introduction to Reiki:

**February 25, 12:30 to 2:00, \$15**

This class provides an overview of Reiki and a chair Reiki session.

## Reiki Level 1:

**March 24, 9:30 am to 5 pm, \$75**

In this class, students learn the foundations of Reiki, receive the 4 Level 1 Reiki attunements and learn how to give a Reiki session.

## Reiki Level 2:

**May 26, 9:30 am to 5 pm, \$100**

Students are given 2 more attunements in this class. They are taught 3 symbols and how to use them and they are taught how to send Reiki over a distance and even to other times.

## Reiki Level 3:

**August 25, 9:30 am to 5 pm, \$125**

Students receive the Master level Reiki attunement and are taught the Master Reiki symbol and additional uses of Reiki.

## Reiki Master Teacher:

**November 10, 9:30 am to 4 pm, \$150**

In the Master Teacher class, students learn how to give the attunements and concepts related to teaching Reiki classes. Students will receive extensive practice giving the attunements. More Reiki exercises will be provided.

\*\*\*\*\*RSVP REQUIRED to Kay at [support@truelyunique.com](mailto:support@truelyunique.com) or 252-237-3800 at least one week in advance of each class. Contact Wendy at [www.wendyjoy.net](http://www.wendyjoy.net) For FREE monthly distant energy work, "like" Wendy at [www.facebook.com/wendyjoyauthor](http://www.facebook.com/wendyjoyauthor).