

## September Events and Information in our Community at Truely Unique.

*There is so much happening this month and next month, do not miss out on some of these events both in the store and in our community. Find us on Facebook at Truely Unique NC and look for our weekly and daily sales and specials, we are gearing up for the holidays by offering law-a-way an easy way to get your gifts early, (you will have 3 months to pay) Stop in for a class or two, sit and chat and sip some tea. We will be closed Saturday's the 17<sup>th</sup> and 24<sup>th</sup>, we are attending both Pagan Prides Days in North Carolina. NEW HERB ARE IN! See you soon.*

### Store Events and Classes

**Thursday: September 1st: Class: Reading the Bones:** Join Sister Sarah for a free introduction to the ancient African practice of divination using bones. This class is free. There will be time slots for personal divination sessions before and after, and clay bone sets and instructional booklets for sale. 6 PM. Donation

**Friday: September 2<sup>nd</sup>: A beginner path to your Computer: Tony will assist you with computer knowledge.** So you went out and spent some hard earned money on this computer thing; so what happens now. Do you wonder what they do and why you would want to use one? This thing called E-mail, word, what are they? Then this class is for you. We will discuss and gives an overview of computers: what they are, the different types, and what you can do with them. So come join me and learn the easy way. I have been working in one form or another with computers since 1979, and there is one thing I have learned. Make it easy and stop using words that most people do not understand. 6 PM \$10.00

**Saturday: September 3<sup>rd</sup>: Herbal and Plant Recognition Garden Walk.** Learn how to recognize plants in your neighborhood and other herbal facts. 2 classes for your convenience, 10 AM and 3 PM \$10.00

**Thursday, September 8<sup>th</sup>: Crystals 104: With Rosemary Grace.** Learn more about details of crystals and their uses. 6 PM, \$10.00.

**Friday: September 9<sup>th</sup>: A beginner path to your Computer: Tony will assist you with computer knowledge** So you went out and spent some hard earned money on this computer thing; so what happens now. Do you wonder what they do and why you would want to use one? This thing called E-mail, word, what are they? Then this class is for you. We will discuss and gives an overview of computers: what they are, the different types, and what you can do with them. So come join me and learn the easy way. I have been working in one form or another with computers since 1979, and there is one thing I have learned. Make it easy and stop using words that most people do not understand. 6 PM \$10.00

**Saturday: September 10<sup>th</sup>: Wilson Pagan Meeting** noon

**Saturday: September 10<sup>th</sup>: Multi Community Event: Kindred Spirit:** What is Kindred Spirit? It is a social event, with food that bonds our community together. We all bring in a small dish to share, (email me the recipe to share in our cookbook). We have a contest to the best food and the winner will win a prize. We have a jar of questions/Topics that we pick from to talk and discuss during the event. We will discuss **Tools, statues, and icons**. This month is **Stone Soup!** You bring one cup of cooked vegetable, we will supply the story and the stone. Join us and meet your community. Never been to one before? You don't know what you are missing. 2 to 5 PM

**Saturday: September 10<sup>th</sup>: Class: Reading the Bones:** Join Sister Sarah for a free introduction to the ancient African practice of divination using bones. This class is free. There will be time slots for personal divination sessions before and after, and clay bone sets and instructional booklets for sale. 2 PM Donation

**Thursday: September 15<sup>th</sup>: Full Moon Meditation** -Free 6 PM

**Thursday September 22<sup>nd</sup>: Mabon, Gratefulness, a Spiritual Thanksgiving.** Join us and celebrate.

## **Coming in October:**

**Saturday October 1<sup>st</sup> Rune Class with Sola:** Come take a two hour in-depth look into the Nordic runes with Sola. No previous rune knowledge or classes required. \$10.00 1 PM.

**Saturday, October 8th 2 PM to 4 PM. Party Lite Open House!** Bring a friend and share with Mariah your decorating ideas with Candles. This candle burn clean and in many fragrances; and burns longer than any other candle out there. Come see the decorations for both Halloween and for the winter's holidays. <http://www.magickfirewax.com>. Want to know more..... come in and see the catalogs at the store. Great gifts for the holidays! Sounds like fun!!!!

**September 22 Saturday: Art Class: Make your own Giant Paper Star with Stephanie Pope.** All supplies included \$20.00. If you pay in advance class will be \$15.00 Please rsvp so we may get the proper amount of supplies.

### **A Fundraiser for our Spiritual Community**

Buy Raffle tickets at Truely Unique For a 20 CM- 7.87 inches ( huge) of Clear **Crystal Ball** valued at \$660.00 **JUST IN:** a limited edition (numbered 53 out of 100) signed copy of "A Grimoire for Modern Cunningfolk" a hard bound book written and signed by Peter Paddon. (Other prizes from our local artist will also be available as the tickets are being sold) Tickets are \$5.00 each or 5 tickets for \$20.00. We will do these raffles over the phone if you live out of town.

Tickets will be sold from July 30<sup>th</sup> until October 1<sup>st</sup> drawing will be held at Noon on Saturday; October 1<sup>st</sup>. need not be present to win. No exchanges or asking for monetary substitutes. Winners will be responsible for picking up prizes by close of business November 1<sup>st</sup> 2011. If prizes are not picked up by close of business November 1<sup>st</sup> prizes will become the property of Truely Unique. **We are raising money for the following events:** Our Blue Marble's Magazine first and second printing. Raleigh and Charlottes Pagan Pride Days. The Eternal Harvest's Shadow Harvest bringing *Peter's Paddens' wife, Linda to meet us.* (We already met this goal thanks to you!!!!) The Eternal Harvest's Burning Man Festival. To assist in bringing Kenny Kline. To buy meat and soy for our food bank to help balance the diets of those who may need a helping hand. To help buy plants for the community garden. For our Earth Day Festival, and other events as they occur.

### **Community News and Events:**

**Mark your calendars and ask for time off at work so you won't miss these great Events:**

**At the Sojourner!** In Greenville: Justin Bullard is an Ethnobotanist with Undergraduate and Master's degrees in Ethnobotany, with extensive travels and training in Nepal. He is also a Registered Nurse working in Florida, an accomplished craftsman in the fiber arts and an all-natural soap-maker. His line of "Earthy Crunchy" soaps and fiber arts will be available on consignment at The Sojourner!

**Reception and Discussion:** Gay Wicca and Men's Spirituality

Friday, Uptown Artwalk, Sept. 2, 6:00 Friday night during the Artwalk, join us for a reception to welcome Justin to Greenville! At 7:00 he will offer a round table discussion on contemporary gay wicca and men's spirituality.

**Ethnobotany in Nepal:** a discussion on medicinal plants and medical traditions in Nepal

Saturday, September 3rd, 2:00, \$25 -What is ethnobotany? -Medical pluralism in Nepal -Shamans vs. doctors, what's the difference? -Comparison of domestic medicine and other medical traditions -Includes a presentation of market samples and discussion of specific remedies

**Soap and Lotion Making Workshop:** Sunday, September 4th at 2:00. \$35 - A demonstration on how to make a basic hand and body lotion using only 5 ingredients. - soap making, the melt and pour method All materials will be provided (a \$15 value) and you will leave with a lotion and soap!

Thursday, September 1, 2011 at 6:00 PM **Guarding the Heart During Times of Stress:** Join Dr. Martha Mathews Libster, Nurse-Psychotherapist, Herbal Diplomat, Director of Golden Apple Healing Arts, as she teaches how simple remedies, such as herbal teas and salves, changes in thoughts, and accessing the gentle healer within using the power of imagery, can guard the health and beauty of the heart - spiritually and physically- during times of excessive stress. **"You Have the Power within you to Heal Yourself"** Where: **Living Well Down East** - 127 West Gordon Street Kinston, NC 28501 Cost: no charge For more information: Living Well Down East - (252) 522 1100 Golden Apple Healing Arts, LLC - (252) 753 3039

**Pagan Pride Days: Raleigh** September 17<sup>th</sup> and 18<sup>th</sup>. <http://www.cncppd.org> HAVE YOU ASKED FOR TIME OFF AT WORK FOR THIS EVENT? We proudly Sponsor CNCPPD!!! See you there!!!!

**Charlotte Pagan Pride Day** September 24<sup>th</sup>: <http://www.churchofwicca.org/ppd/> or <http://www.facebook.com/piedmont> Pagan Pride Day. We are so happy to be joining in this wonderful Event.

September: **NC Pagans Outdoors 4th Annual Hocus Pocus Focus**, [www.ncpagansoutdoors.com/event-pre-pay-donate-or-sponsor](http://www.ncpagansoutdoors.com/event-pre-pay-donate-or-sponsor)

October: **Monster Bash:** Friday October 14<sup>th</sup>: See Flyer and we NOW Have Tickets!! See our special for out of Towner's.

October: **The Witches' Costumed Ball 2011** Saturday, October 29 · 7:00pm - 11:30pm. Sponsored by: The Sojourner Whole Earth Provisions. See Facebook Events for more details

November: **Shadow Fest:** <http://www.eternalharvestwicca.org/> Peter Padden will be this year's Guest and speaker.

**Support your local community by attending events and socials. If you do not attend or participate, you could lose the events, People can plan and create them, but without you showing up to enjoy them, they will just disappear. Strength and energy grows in numbers. In groups, we can accomplish anything.**

**Volunteers Needed:** The Federal Prison Complex in Butner, North Carolina near Creedmoor/Raleigh/Durham has five separate prisons. We have approximately 5000 inmates and 2000 staff members who work here. <http://www.bop.gov/locations/institutions/bux/index.jsp>

**Ilene Madrigal**, a local Author has published a short story, **We Remember Grandma**, on Kindle. You can purchase it through Amazon.com for \$1.99. If you wish to obtain a hard copy, I have some available or you can purchase it through Blurb.com. My book, **The Tree of Silence**, is also available on Kindle or as a hard copy on Amazon.com.

## Community Projects Updates

**Our Blue Marble Magazine/E-zine:** "Our Blue Marble" is an All Spiritual quarterly magazine. We already have 30 dedicated volunteers all ready to create articles, write monthly columns, and come up with creative recipes and ideas to do. If you are interested in contributing to this magazine, or advertise, or subscribe, email us at [OBM@truelyunique.com](mailto:OBM@truelyunique.com). And we will send you information. We will be giving out the magazines at both Pagan Pride Days in North Carolina.

**Cookbook:** We are continuing to collect recipes for our upcoming cookbook! Please email us your recipe that you would like to be included in the book. We also need ideas and authors to write up lead pages and fillers for book. If you are interested email me at [support@truelyunique.com](mailto:support@truelyunique.com). We now have over 600 recipes; our goal is now 800 recipes. We are asking for at least 10 recipes from everyone. We will start this project next spring, so keep sending them in. Start sending in and holiday notes, folklores, photos, and other filler pages, we are ready for the information. *For those of you who sent information to ENCP in the past, please resend what you have to us, the other recipes were lost and cannot be retrieved.*

**Food Bank:** We have been collecting can goods, boxed goods, and personal items for friends and families who are having a hard time in this economy. If you would like to help, please bring in your donation. If you are in need or know someone of need, let us know so we can give them a hand. That is what community is for. We fed 4 families in August.

**The Coupon Corner** is complete. Want to save money at the grocery store, stop by the store and go through our coupon box, bring in coupons to share for others. We are looking for a coupon savvy expert to create list of coupons, rebates, and special from online, we will post them on Facebook at our site as well in the coupon box. Last month one customer who used the coupon box save \$67.00 of coupons on her grocery bill!!!!

Any feedback, ideas, and comments, please email us at [truelyunique.com](mailto:truelyunique.com). if you want to be removed from our mailing list, please email us and we will take you off of our list.

We are now on Facebook, and ETSY:

<http://www.etsy.com/shop/truelyunique> and <http://www.facebook.com/#!/TruelyUniqueNC>

Look us up for specials throughout the week! Great prices every day, shop and compare! Come on in, get cool, sip some tea and set a spell.

Kay and Osvaldo